

**ANDREA NESPOLI
CURRICULUM VITAE**

PERSONAL INFORMATION

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| Name and Surname | Andrea Nespoli |
| Date of birth | 19 May 1967 |
| Place of birth | Milan, Italy |
| <u>Professional address</u> | Via Manzoni 20 20900 Monza - (MB) - Italy |
| Web site | www.psicologoandreanespoli.com |
| E-mail address | andrea.nespoli@gmail.com |
| E-mail pec | andrea.nespoli.753@psypec.it |
| Phone (mobile) | +39 335-5347222 |

EDUCATION

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|---------------|---|
| November 2019 | EMDR – Supervisor |
| October 2018 | Italian Tennis Federation - Mental Coach - level 2 |
| June 2017 | Sensory Motor therapy - level 1 |
| November 2016 | Italian Tennis Federation - Mental Coach - level 1 |
| July 2015 | EMDR – Practitioner |
| December 2008 | Provisional Teacher and Supervisor Transactional Analyst PTSTA-P European Association for Transactional Analysis. |
| June 2007 | Certified Transactional Analyst CTA-P European Association for Transactional Analysis. - Rome |
| 1997 - 2001 | Postgraduate specialization in Psychotherapy Center for Psychology and Transaction Analysis Milan, Italy |
| 1996. | University Degree in Psychology Substantive area of degree: evolutionary psychology Dissertation title: the psychological element in high-level tennis play. University of Padua, Italy |

PROFESSIONAL MEMBERSHIP

OPL - Italian Registry of Psychologists, Lombardy region
section no. 4948

SIMPAT - Soc. Ital. di Met. Psicoterap. e Analisi Transazionale

EMDR Italy - Level Supervisor

EATA - European Ass. of Transactional Analysis (level PTSTA-P)

PROFESSIONAL EXPERIENCE

April 2011 to present Founder member, **Phisys Psychology Office**.

February 2003 to present **Training and supervision**
delivered to institutions, working groups, psychotherapists,
coach.

January 2001 to present **Psychoterapist** – in private practice
Job description: work with adolescents and adults both
individually and in groups. Founder member of “Physis” a
center of psychology.

Sep 1996 to present **Sport psychologist**
Application to teams and individual athletes, from amateurs to
professionals. Different activity projects are focused on age,
athletic level, kind of sport. I worked in golf, climbing, horseback
riding, athletics, soccer, tennis.

In tennis I work with professionals, I collaborated with:

- Tennis Monza, 1996 to 2006
- Tennis Seregno, 2000 to 2022
- Tennis Cesano, 2016 to 2020
- Tennis Crema, 2016 to 2022
- Tennis Baldesio Pro, 2022 to present
- Tennis A-Rete, 2022 to present

Sep '20 to Jan '22 Management, **Tennis Club Seregno**

June '13 to December '14 **Teacher and Supervisor**
ITAT Center for Psychology and Transaction Analysis
Turin, Italy

May 1997 to July 2008 Management, **planning and organization of a children
summer camp**. Founder member of the sports association
“Associazione Sportiva il Sorriso”.

PRESENTATION TO SCIENTIFIC GROUPS

- Aug 2022 Workshop “**Body, Mind and Performance**”
I.T.A.C.A. XIV Seminario di Lavarone
Abstract: The role of the body in performance
- July 2016 Workshop “**What mark do I get? Training programs that stimulate personal growth**”
EATA International Congress, Rome, Italy
Abstract: how evaluation affects performance.
- July 2013 workshop “**contact-base teaching**”
EATA International Congress, Oslo, Norway
Abstract: the role of emotional contact in teaching
- July 2011 workshop “**Working in Sport**”
EATA-ITA World Congress, Bilbao, Spain.
Abstract: working in sport using transactional analysis
- July 2010 workshop “**running through four fields**”
EATA International Congress, Prague, Czech Republic.
Abstract: the intervention in sport field from an organizational, educational, counseling and psychotherapy point of view
- October 2006 workshop “**Relationship and Performance**”
Speaker at the XII National Congress of the Italian Society for Cognitive Behavioural Therapy. Naples, Italy
Abstract: the ability of human relationships influence performance.

PUBLICATIONS

“**Book of abstracts**” 1st EATA Transactional Analysis Theory Development & Research Conference, Cleup sc (Coop. Libreria Editrice Università di Padova), 2015

“**The Application of Transactional Analysis to Sports Psychology**”, Transactional Analysis Journal, Vol 43, n° 3, 2013

“**Come avere atleti felici**”, Sailing and travel - 17 dicembre 2014

<http://www.sailingandtravel.it/201412171532/sailing-analytics/sportivi-e-atleti-felici-lo-spiega-lo-psicologo-dello-sport-e-analista-transazionale.html>

“**Sportivi felici, anche da piccoli. Così si riesce....**”, Sailing and travel - 8 gennaio 2015

<http://www.sailingandtravel.it/201501081535/sailing-analytics/sportivi-felici-anche-da-piccoli-cosi-ci-si-riesce-parola-di-analista-transazionale.html>